



# Emergency Action Plan: Practice in Gyms

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**Physical Address: 2401 SE Stark Street Portland, OR 97214**

**Cross Streets: SE 24<sup>th</sup> at SE Washington St, Between Stark & Pine Streets**

## First Response Personnel

- Central Catholic Athletic Trainer
- Head and Assistant Coaches

## Emergency Equipment

- ✓ AED on wall outside Classroom 12
- ✓ Team Sports First Aid Kit
- ✓ Ice machine and bags in laundry room or Training Room
- ✓ Crutches and splints in Training Room, as available

## Emergency Communication

- Cell phone
- Landline in Training Room (503-235-3138, ext. 1256) or in Classroom 12

## Roles of First on the Scene

1. Control Scene. Gain access to the injured person(s). **Coach**
2. Initial Check to determine responsiveness: consciousness, breathing, pulse status.
3. Immediate Care by **Highest Trained Staff**
4. Activate Emergency Medical Services (*Ambulance/ Fire/ Police*): Call 9-1-1. Provide name of victim(s), school address, phone number being used, condition of injured, assistance already provided, and other information requested by dispatcher. **Highest Trained Staff or designee**
5. Notify athlete's parent or guardian. **Asst. Coach**
6. Travel with athlete to hospital. **Asst. Coach, Parent, or parent designee**
7. Communicate details of incident with school. Call Athletic Director on her cell, 503-969-5942. Document using Archdiocese Accident Report Form within 48-hours. **Head Coach or Athletic Trainer**

## EMS Access

Designate individual to meet EMS at building's Gym entrance and escort them to the scene.

## Area Medical Centers

|                                     |                |                              |
|-------------------------------------|----------------|------------------------------|
| Legacy Randall Children's Emergency | (503) 276-9100 | 2801 N. Gantenbein Ave.      |
| Providence Portland Medical Center  | (503) 215-1111 | 4805 NE Glisan St.           |
| OHSU Doernbecher Emergency Dept.    | (503) 494-7551 | 3181 SW Sam Jackson Pk Rd.   |
| Kaiser Sunnyside Medical Center     | (503) 652-2880 | 10180 SE Sunnyside Rd. 97015 |