



Central Catholic

ATHLETICS

CENTRAL CATHOLIC COACHING REQUIREMENTS & OSAA CERTIFICATIONS

All NEW AND RETURNING coaches must complete the Archdiocese CTP/CASE training in addition to all required OSAA certifications below before interacting with any student-athlete during the sport's season. Please email completed certificates to Patti Johnson @ pjohnson@centralcatholichigh.org.



OSAA Beyond the Scoreboard Coaching Course

One time requirement - \$45

<https://3dinstitute.com/product/osaa-beyond-the-scoreboard/>



Concussion in Sports Training

Required every year – free.

<https://nfhslearn.com/courses/concussion-in-sports-2>



Anabolic Steroids and Performance-Enhancing Substances Training

Required every 4 years – free.

<https://nfhslearn.com/courses/61121/appearance-and-performance-enhancing-drugs-and-substances>



NFHS Heat Illness Prevention

Required every 4 years - free

<https://nfhslearn.com/courses/heat-illness-prevention-2>



First Aid / CPR / AED Training

Required every two years - \$35

[First Aid CPR Online Training Course](#)



NEW!! OSAA Interrupting and Preventing Discriminatory Acts Training

One time requirement

» [OSAA Online Course](#)



Central Catholic Coaches Code of Conduct

Required annually. Available under "Forms" in Athletics/Coaches Resources on website.

Additional requirements for Football and Cheer/Song Coaches:



Heads Up Football Certification

Required every year (only for football coaches) - \$25, [NFHS Heads Up Football Certification](#)

Composed of 4 course components that must be completed annually: Concussion in Sports, Heat Illness Prevention, Sudden Cardiac Arrest, Blocking, Tackling & Equipment Fitting.



OSAA Spirit Safety Clinic

Required every year (only for cheerleading & dance/drill coaches) – free.

OSAA in-person clinic - registration required. <http://www.osaa.org/spirit-safety/clinic>