

A silhouette of a person's head and hand against a cloudy sky. The person is holding a pen to their chin, suggesting deep thought or contemplation. Several bubbles are floating in the air around the person's head.

Explore the
Possibilities
Forecasting
2018-2019

Welcome to forecasting. This is when you get to choose your senior courses for next year.

- **Make good decisions**
- **Look at the big picture**
- **Talk with counselors, teachers and parents**
- **Connect with your future plans**



What Should I Take?

A full-page background image showing a scuba diver in a black wetsuit and blue fins, viewed from behind, swimming upwards in clear blue water. The diver is surrounded by a massive, dense school of small, silvery fish that fills most of the frame. Sunlight rays penetrate the water from the top, creating a shimmering effect. The diver's air tank and bubbles are visible.

What do I need for graduation?

- Computer Technology
- Fine Art
- D or F grade make-up

What am I interested in?

- Elective offerings
 - New classes

What are my future plans?

- College?
- Career?

Graduation Requirements

- Religion 4 credits
- English 4 credits
- Social Science 3 credits
- Mathematics 3 credits
- Science (Lab) 3 credits
- World Language 2 credits
- Fine Arts 1 credit
- Computer Science .5 credit
- Wellness 1 credit
- Physical Education 1 credit

26 credits total needed for graduation



Core Subjects	CCHS	Public	Selective	Highly Selective
English	4	4	4	4 (AP/ Honors)
Math	3	3 (Alg. II minimum)	4	4 (AP/ Honors)
Science	3	3	3 – 4	4 (AP/ Honors)
Social Studies	3	3	3 – 4	3 – 4 (AP)
Foreign Lang.	2	2	3 – 4	3 – 4 (AP)

Oregon Public Universities

Students must achieve a grade of C- or better in the following areas:

4 years of English

3 years of Mathematics including Algebra II

3 years of Science

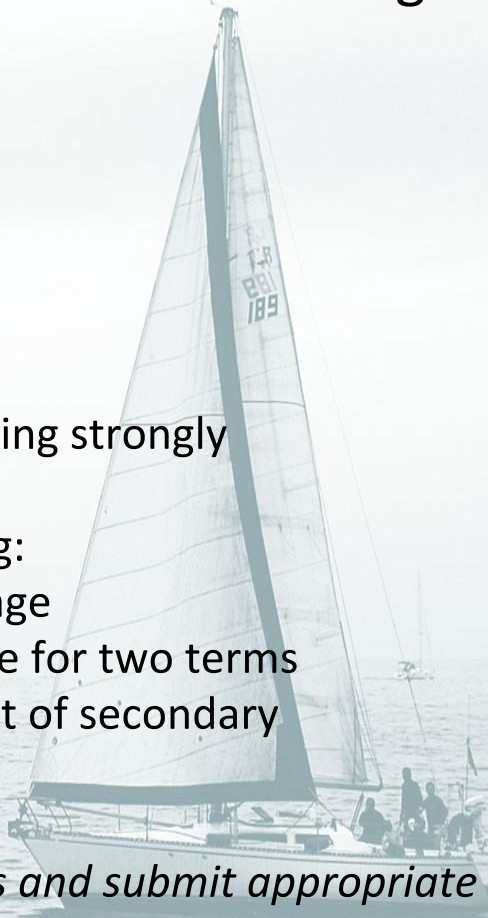
3 years of Social Studies including:

- 1 year of US History
- 1 year of Global Studies
- 1 year of a social studies elective with Government being strongly recommended.

2 years of the same Second Language or one of the following:

- C- grade or better in a third year of foreign language
- C- grade or better of college level second language for two terms
- satisfactory performance on approved assessment of secondary language

Students must also meet minimum grade point requirements and submit appropriate standardized testing (SAT/ACT).



How Do I Find my Transcript?

- CC Website ➡ Academics ➡ Counseling
- Scroll to the bottom to find the Family Connection icon
- Once you are logged in, go to the About Me Tab and look under Documents.
- If you forget your password, you can type in your email and hit the **'forget password'** button.
- If you are still stuck - come see your counselor!



	S1	S2	S3
17-18 Central Catholic HS			
Gr 12 American Sign Language IV	A 0.50		
Gr 12 AP Gov & Politics	B+ 0.50		
Gr 12 AP Psychology	B 0.50		
Gr 12 English IV	B 0.50		
Gr 12 Environmental Science	A 0.50		
Gr 12 Pre-Calculus	B- 0.50		
Gr 12 Senior Service	P 0.00		
Gr 12 Theology 4A	A+ 0.50		
16-17 Central Catholic HS			
Gr 11 American Sign Language III	A+ 0.50	A+ 0.50	
Gr 11 AP US History	B 0.50	B 0.50	
Gr 11 Ceramics II	A+ 0.50		
Gr 11 H Chemistry	B+ 0.50	B 0.50	
Gr 11 Hon English III	A- 0.50	A 0.50	
Gr 11 Junior Service	P 0.00	P 0.00	
Gr 11 Pre-Calculus	C 0.50	WP 0.00	
Gr 11 Psychology		A- 0.50	
Gr 11 Theology III- Early Bird	B- 0.50	A- 0.50	
15-16 Central Catholic HS			
Gr 10 Algebra II	B 0.50	B 0.50	
Gr 10 American Sign Language II	A+ 0.50	B+ 0.50	
Gr 10 Ceramics I	A 0.50		
Gr 10 Hon English II	B+ 0.50	A- 0.50	
Gr 10 Honors Physics	C+ 0.50	B+ 0.50	
Gr 10 Int. Computer App.		A 0.50	
Gr 10 PE II-G	A+ 0.50		
Gr 10 Sophomore Service	P 0.00	P 0.00	
Gr 10 Theology II	A- 0.50	A- 0.50	
Gr 10 Wellness II		A- 0.50	
14-15 Central Catholic HS			
Gr 9 American Sign Language I	B+ 0.50	A 0.50	
Gr 9 Biology	A 0.50	A- 0.50	
Gr 9 English I	A- 0.50	A+ 0.50	
Gr 9 Freshman Service	P 0.00	P 0.00	
Gr 9 Geometry	B+ 0.50	A- 0.50	
Gr 9 PE I-G		A+ 0.50	
Gr 9 Theology I	A- 0.50	A+ 0.50	
Gr 9 Wellness I	A 0.50		
Gr 9 World History I	A+ 0.50		
Gr 9 World History II		A 0.50	

* This May Include a Transfer Course

CURRENT COURSE SCHEDULE (Duplicates Are Full Year Courses)

American Sign Language IV
AP Gov & Politics
AP Psychology
English IV
Environmental Science
Pre-Calculus
Senior Service
Theology 4A

ACT	Score	Date
English	26	06/10/2017
Math	23	06/10/2017
Reading	34	06/10/2017
Science	23	06/10/2017
Writing	8	06/10/2017
Composite	27	06/10/2017
ACT	Score	Date
English		00/00/0000
Math		00/00/0000
Reading		00/00/0000
Science		00/00/0000
Writing		00/00/0000
Composite		00/00/0000
ACT	Score	Date
English		00/00/0000
Math		00/00/0000
Reading		00/00/0000
Science		00/00/0000
Writing		00/00/0000
Composite		00/00/0000
SAT	Score	Date
EBRW		00/00/0000
Math		00/00/0000
Writing		00/00/0000
SAT	Score	Date
EBRW		00/00/0000
Math		00/00/0000
Writing		00/00/0000
SAT	Score	Date
EBRW		00/00/0000
Math		00/00/0000
Writing		00/00/0000

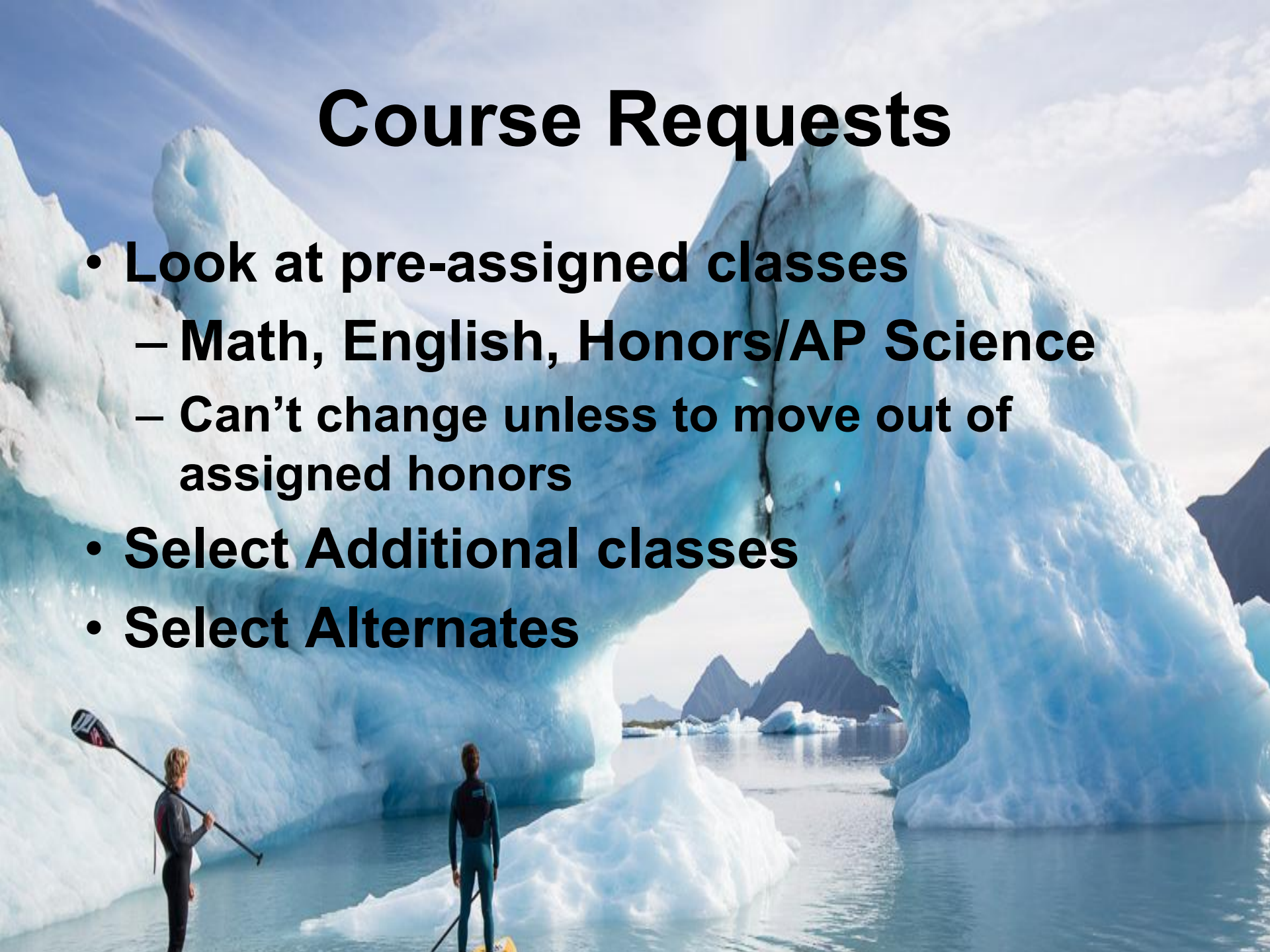
	9	10	11	12
Semester 1 GPA	3.76	3.70	3.54	3.61
Semester 2 GPA	4.04	3.67	3.87	
Semester 3 GPA				
Cumulative Weighted GPA:		3.74		
Cumulative Unweighted GPA:		3.58		

Senior Year Required Courses

- **Theology IV** 1 credit
- **English IV** 1 credit
- **Government and Politics** 1 credit

Course Requests

- **Look at pre-assigned classes**
 - **Math, English, Honors/AP Science**
 - **Can't change unless to move out of assigned honors**
- **Select Additional classes**
- **Select Alternates**



Time Management Worksheet

In an effort to guide and direct students in making thoughtful and intentional choices regarding their time and commitments, we encourage students to complete this worksheet.

The following scale was built around the following assumptions regarding time:

24 hours in a day

- 8 hours of sleep (research says minimum of 9)
- 8 hours of school, including average travel time (7:30-3:30)
- 1 hour for dinner, time with family, chores
- 1 hour of “mental health time” (relaxation, social media, time with friends, TV)

6 hours remain for homework and other commitments/interests

Academics	Semester 1	Semester 2
<u>Core/Academic Class</u> = 3 pts. each		
<u>Honors/AP courses</u> 4 pts. each		
<u>PE/Health/Art/Elective with no homework</u> = 1 pt. each		
<u>Newspaper/Yearbook Editor</u> (+ 1pt)		
Co-Curricular		
<u>Sport</u> =2pts. Per season (winter sports count 1 pt. Per semester)		
<u>Theatre Production</u> = 1-2 pts (based on role)		
<u>Retreat team</u> = 1pt. (rector +1)		
<u>CCHS Club/Activity</u> = .5-1 pt. (based on level of involvement)		
<u>Job/Volunteer/Internship/Family Commitment</u> =1.5pts (10 hrs/week);2.5 pts. (11-20 hrs wk)		
<u>Community Club/Sport/Activity</u> (CYO, etc) .5-2pts (depending on level of involvement)		
Total		

Sustainability Scale

18 19 20 21 22 23 24 25 26 27 28 29

Recommended Range

***Students outside the recommended range should consider talking with their counselor to discuss their commitments, strength of schedule, goals and priorities.**

Curriculum Guide Highlights

- Graduation Requirements
- Focused Curriculums
- Failures and Credit Retrieval
- Schedule change policy
- Honors and AP
- Christian Service Requirement
- Dual Credit and OPU/NCAA designation

Reading Course Descriptions

DESIGN I - 7213

Grade Level: 9-12

Credit: 0.5/Elective

This design course introduces the core concepts of visual design — visual elements, principles of design and creative process. Composition issues and strategies valid in all areas of 2D and 3D visual design are explored through examples, exercises, critiques and creative projects. Course content introduces design discipline and language through studio projects, readings, writing, visual problem solving, experimentation and reflection. Basic skills in objective observation and representation, including line, shape, tone, and space will be explored through a range and mix of media both analog and digital tools. Drawing and sketching is emphasized as a tool for formulating and working through design problems. Student work will be a combination of sketchbook activities and larger studio projects with emphasis on experimentation, exploration and process.

Schedule Change Policy

- Any changes to a student's schedule must be due to compelling circumstances. An example of a compelling circumstance would be a medical issue that would necessitate a change to a student's schedule in the interest of their personal health and wellbeing. In this example, documentation from the student's physician would be required prior to adjusting a student's schedule. Changes may only occur during the first week of each semester.
- **A change of mind, lack of motivation, failure to obtain in school or outside tutorial support, unsatisfactory academic performance, wanting an easier 2nd semester schedule, request for a different faculty member, and or requests for a different class period are not compelling circumstances.**
- If we have made a mistake on a student's schedule (e.g. a student was enrolled in the wrong level class or is missing a needed graduation class), the necessary correction will be made.
- Teacher initiated level changes may occur in the beginning of the Fall semester.

Social Studies

Constitution Team & Constitution Club

- A national competition focused on public speaking and knowledge of government, citizenship and the U.S. Constitution.
- Students work together in small groups to become expert witnesses for a mock Congressional hearing.

Mock Trial

- A national competition in which students play the roles of lawyers and witnesses in an imitation trial.
- Students work individually, in pairs, and as a group to master & present/argue a pre-determined criminal or civil case.
- Regional winners go on to the state competition. State winner advances to the national competition

Constitution Team	Constitution Club	Mock Trial
Competition Team (can advance to State & National Competitions)	Demonstration Team (only Regional Competition)	Competition Team (can advance to State & National Competitions)
Open to Seniors, Juniors & Sophomores ** best for Seniors & Juniors	Open to all grades ** best for Freshmen, Sophomores & Juniors	Open to all grades
MUST enroll in <i>We the People</i>: Constitution Team class [HONORS credit]	Extra-curricular only (sign up during Club Fair)	Extra-curricular only (sign up during Club Fair)
Must attend Monday night meetings with coaches	Must attend weekly meetings with coaches	Must attend weekly team meetings
Can only compete once as part of ConTeam	May be on multiple years' ConClub demonstration teams and do ConTeam later	May compete with Mock Trial team multiple years
Fall semester only (can also do Mock Trial)	Fall semester only (can also do Mock Trial)	December through March (can also do ConClub or ConTeam)

Filling in the Blanks

Options

- English electives
- Social Studies electives
- Fine Art requirement
- World Language requirement
- Technology and Business electives
- 0 Period classes
- Study Hall, or Academic Support

New Classes

- Ceramics III, IV
- Design I, II
- EML III
- Robotics

Things to Note

Year long classes = 1 credit

Semester classes = .5 credit

Study hall = 0 credit

•

- **0 period classes meet at 7 a.m. all days except late start days**
- **If you want to designate a semester for study hall, weight training, or TA write it on your Power School Course Request Form and turn it into the Counseling Office.**



Credit Retrieval, Advancement, Audit

- **Credit retrieval (F grade)**
- **D grade audits in core classes**
- **Advancement to a higher level**

- **Pre-approval is needed**
- **See curriculum guide for additional information**
- **Talk with your counselor**
- **Complete appropriate form**

HOW TO USE POWERSCHOOL

Step-by-step instructions on how to request courses in PowerSchool

Powerschool Login

Username: Firstname.Lastname (Jane.Ram)


Password: cc and student ID# (cc200479)

***You will be prompted to create a new password.**

How to forecast for classes online:

- Portal will be live **Wednesday, March 7th at 3:00 pm**
- Portal will close on **Friday, March 16th at 11:59 pm**
- All requests must be submitted by this deadline









- Step 1: Go to cchs.powerschool.com



The screenshot shows the PowerSchool login interface. At the top is a dark blue header with the PowerSchool logo and name. Below this is a white section titled "Student and Parent Sign In". Inside this section, there are two buttons: "Sign In" and "Create Account". Below the buttons are two input fields: "Username" and "Password". The "Username" field has a cursor in it. Below the "Password" field is a link that says "Forgot Username or Password?". At the bottom right of the sign-in section is a dark blue "Sign In" button.

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Navigation

-  Grades and Attendance
-  Grade History
-  Attendance History
-  Teacher Comments
-  School Bulletin
-  Class Registration
-  My Schedule
-  School Information

















District Code

GQKC



Welcome to the Central Catholic High School Class Registration System for 2018-2019

[View course requests](#)

10th Grade English Electives	Click the edit button to request a course ➔	 
10th Grade Social Studies Electives	Click the edit button to request a course ➔	 
10th Grade World Language Courses All sophomores may choose to register for one World Language Course. Two years (2.0 credits) required for graduation.	Click the edit button to request a course ➔	 
10th Grade Fine Arts Courses Sophomores may register for any Fine Arts Elective. (1.0 credit required for graduation).	Click the edit button to request a course ➔	 
10th Grade Technology/Business Courses All sophomores may choose to register for one Technology/Business elective. (.5 credit of Intro to Computer Science is required for graduation).	Click the edit button to request a course ➔	 
10th Grade PE/Wellness Electives	Click the edit button to request a course ➔	 
10th Grade General Electives Sophomore students may register for one and/or two general electives per school year.	Click the edit button to request a course ➔	 
10th Grade Alternate Electives Select one course that will serve as an alternate	Click the edit button to request a course ➔	 

View Course Requests

Before you select courses go to the "View Course Requests Tab"

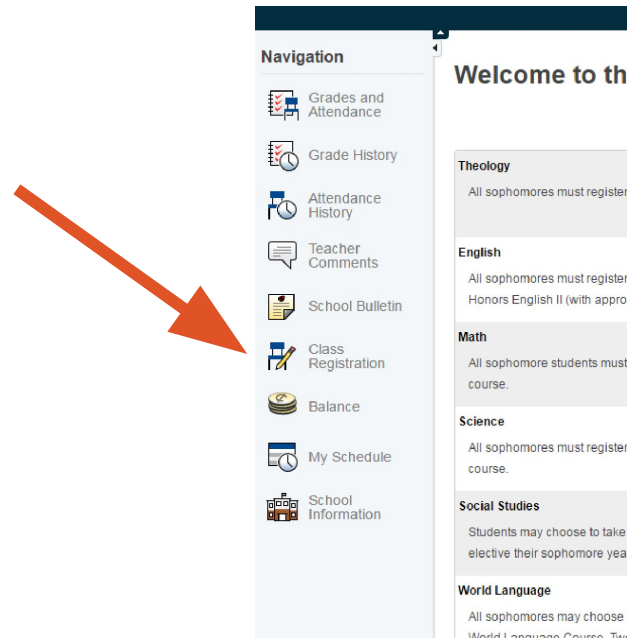
This will show you what courses have been preselected for you

Write down the courses so that when you are selecting the rest of your courses you are able to keep track of the total number needed.

DO NOT go back to View Course Requests once you have started selecting courses as this will erase your work!

Once you have written down preselected courses go back to **Class Registration.**

Step 2: Click on Registration on the left most menu



Step 3: Starting with Theology, click the pencil button

PowerSchool





Welcome, Sara K. Bruins | Help | Sign Out

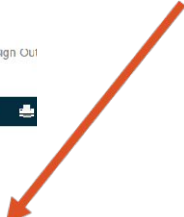
Navigation

- Grades and Attendance
- Grade History
- Attendance History
- Teacher Comments
- School Bulletin
- Class Registration
- Balance
- My Schedule
- School Information

Welcome to the Central Catholic High School Class Registration System for 2017-2018

View course requests

Theology All sophomores must register for Theology II	<div>Theology II 01120 - 1 credit The first semester is</div>	 
English All sophomores must register for English II or Honors English II (with approval)	Click the edit button to request a course =>	 
Math All sophomore students must register for one math course.	Click the edit button to request a course =>	 
Science All sophomores must register for one science course.	Click the edit button to request a course =>	 
Social Studies Students may choose to take a social studies elective the first sophomore year.	Click the edit button to request a course =>	 
World Language All sophomores may choose to register for one World Language Course. Two years (2.0 credits) required for graduation.	Click the edit button to request a course =>	 



Step 4: Select the appropriate class, by clicking the box next to the course

Math ✕

All sophomore students must register for one math course.

<input checked="" type="checkbox"/>	Course Name	Number	Course Description	Credits	Prerequisite Note	Alerts
<input type="checkbox"/>	Algebra II	C4432		1	Algebra I, Geometry, and math department placement	⚠ Prerequisites have not been met
<input type="checkbox"/>	Geometry	C4422		1	Algebra I and/or placement test score	⚠ Prerequisites have not been met
<input type="checkbox"/>	Hon Geo/Trig	C4424		1	Honors Algebra I/II, Placement Test Score and math department recommendation	
<input type="checkbox"/>	Hon Pre-Calculus	C4445		1	A B- or higher in Honors Geo/Trig and or math department placement	⚠ Prerequisites have not been met
<input type="checkbox"/>	Pre-Calculus	C4441		1	Algebra II or Honors Geo/Trig and/or math department placement	⚠ Prerequisites have not been met

<< first < prev 1 next > last >>

⚠ You may select 1 course. You have selected 0 courses.

Cancel Okay

**Courses will only have a box next to them if you qualify. Click okay after you make selection.

Step 5: Repeat this step for each of the courses

Technology/Business

All sophomores may choose to register for one Technology/Business elective. (.5 credit of Intro to Computer Science is required for graduation).

<input checked="" type="checkbox"/>	Course Name	Number	Course Description	Credits	Prerequisite Note	Alerts
<input type="checkbox"/>	Accounting I	C8237		0.5		
<input type="checkbox"/>	AP Computer Science	C8615		1		
<input type="checkbox"/>	Computer Aided Drafting I	C8525		0.5		
<input type="checkbox"/>	Computer Aided Drafting II	C8526		0.5		
<input type="checkbox"/>	Entrepreneurship	C8300		0.5		
<input type="checkbox"/>	Financing your Future	C8710		0.5		
<input type="checkbox"/>	Graphic Design	C8521		0.5		
<input type="checkbox"/>	Int. Computer App.	C8605		0.5		
<input type="checkbox"/>	Intro to Engineering	C8550		0.5		
<input type="checkbox"/>	Introduction to Computer Science	C8610		0.5		

<< first < prev 1 2 next > last >>

✓ You may select up to 2 courses. You have selected 0 courses.

Cancel Okay

** Some course groups may have multiple pages, if the course you would like is not visible, go to the next page.

Step 6: Once selections have been made for all course groups- click Submit

years (2.0 credits)

ny Fine Arts Elective. on).	Stained Glass I C7143 - 0.5 credits		 
register for one (.5 credit of Intro to or graduation).	Introduction to Computer I C8810 - 0.5 credits		 
PE II B or G and	PE II-G C9122 - 0.5 credits	Wellness II C9226 - 0.5 credits	 
0 credit of student	Click the edit button to request a course ⇒		 
ter for one and/or l year.	Click the edit button to request a course ⇒		 
and 8 credit hours. ting 7 credit hours.			






Step 7: Click **print** on this page and have your parents/guardian sign. This signed document needs to be turned into counseling office by Wednesday, March 21.



Central Catholic High School Class Registration System for 2017-2018

View course requests

or Theology II.	<div>Theology II C1129 - 1 credits The first semester is</div>	 
or English II or I).	<div>English II C2122 - 1 credits This literature-based</div>	 
gister for one math	<div>Hon Geo/Trig C4424 - 1 credits </div>	 
or one science	<div>Biology C5122 - 1 credits</div>	 

Course Request Printout that Parents Must Sign before returning to counselor

2017-2018 Course Requests: [REDACTED]

Crs Num	Course	Type	Cr Hrs	Prerequisite Notes
1. C1125	Theology II	Required	1.00	
2. C2123	Hon English II	Required	1.00	B- or Higher in Honors English I and/or a teacher recommendation from the English department.
3. C4424	Hon Geo/Trig	Required	1.00	Honors Algebra I/II, Placement Test Score and math department recommendation
4. C5314	Honors Physics	Required	1.00	
5. C9122	PE II-G	Required	0.50	
6. C9226	Wellness II	Required	0.50	
7. C6322	Spanish II	Elective	1.00	
8. C7143	Stained Glass I	Elective	0.50	
9. C8610	Introduction to Computer Science	Elective	0.50	
Total Credit Hours Requested			7.00	

What to Include on Course Request Printout

- Review printout to ensure you have chosen the correct number of courses and alternates. (if you haven't go back in and make the necessary corrections)
- Parent/Guardian Signature and date.
- Summer courses you are planning on taking along with course you would like to take in the fall upon successful completion of summer course. (**Remember you should forecast for the course you are planning to take over the summer in case your plans change. We will update your schedule upon receipt of summer course transcript.**)
- Fall/Spring designation for Weight Training, Study Hall or TA.
- Audits (classes being repeated that already have earned credit)

A scenic view of a valley with unique rock formations and several hot air balloons floating in the sky. The foreground shows a dirt path leading through the landscape. The sky is filled with various colored balloons, including one with red and white stripes and another with yellow and orange stripes. The rock formations are tall and pointed, with some having small openings.

Online Forecasting Resources:

- Curriculum Guide
- Frequently Asked Questions (FAQ)
- OPU Requirements
- Forecasting Advice from your Counselor
- Time Management Worksheet
- Credit Retrieval/Audit/Advancement Form

A man in a green t-shirt and khaki shorts is climbing a narrow gap between two large, reddish-brown boulders. He is positioned in the center, with his hands on the right boulder and his feet on the left one. The boulders are massive and have a rough, textured surface. The background is a clear blue sky.

Questions?

Final details

- Site goes live Wednesday, March 7 after school and is open through Friday, March 16.
- Submit Power School Course Request Form no later than Wednesday, March 21 (turn into Counseling Office)
- Make Good Choices and utilize your resources.
- Counselors will be busy, make sure to leave a note if you want to see them.

