CENTRAL CATHOLIC

COLLEGE COUNSELING NEWSLETTER — CLASS OF 2021 March 2020

Student "To Do" List

√ Decide if you will take the ACT or SAT, and focus on preparation for the test. See College Counseling or your academic counselor if you have questions.

√ Register for the ACT or SAT this Spring. See page 2 of this newsletter for more information.

√ Keep your grades up. Junior year is the last semester colleges will look at for college admissions.

Parent/Guardian "To Do" List

√ Click here to create a Canvas Parent/Observer account.

√ Explore Naviance Student! You and your student can use Naviance Student to research colleges and careers. Naviance Student is a service that we use to track and analyze college and career plans, so it provides up to date information that's specific to Central Catholic. Naviance Student allows you and your student to:

- Get involved in the planning and advising process – build a resume, complete online surveys, and manage college application timelines and deadlines.
- Research colleges – compare GPA and standardized test scores of Central Catholic students who have applied and been admitted in the past.
- Research careers – research hundreds of careers and take career assessments.

√ Email collegecounselors@centralcatholichigh.org for a Naviance Student password.

Happy St. Patrick's Day!

We are looking forward to working with you!

Mrs. Nanette Martin
Ms. Kirby Henningsen

MARK YOUR CALENDARS

College Planning Night

March 18, 6pm
Weston Commons

CHECK OUT THESE LINKS:

Canvas
Naviance Student
Net/Price Calculator

In This Issue

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TESTING INFORMATION

SAT

CollegeBoard SAT
connect to college success™

Test Date	Deadline	Late Reg	Results
Mar 14	Feb 14	Mar 4	3 weeks
May 2	Apr 3	Apr 22	
Jun 6	May 8	May 27	
Aug 29	Jul 31	Aug 19	

REGISTER HERE

ACT 2020

Test Date	Deadline	Late Reg	Results
Feb 8	Jan 10	Jan 17	3 weeks
Apr 4	Feb 28	Mar 13	
Jul 13	May 8	May 22	
Jul 18	Jun 19	Jun 26	

REGISTER HERE

TEST PREP CLASSES

Using Khan Academy or ACT Academy, students will get personalized practice for the skills they'll need for the SAT or ACT. We will also cover strategies for test taking.

Place: Room 131

Time: Lunchtime

Dates: See below
(Mon thru Fri, one week prior to the test date)

Cost: FREE

ACT Test Prep	
~~Feb 8 ACT~~	~~Mon, Feb 3—Fri, Feb 7~~
Apr 4 ACT	Mon, Mar 30—Fri, Apr 3

SAT Test Prep	
Mar 14 SAT	Mon, Mar 9—Fri, Mar 13
May 2 SAT	Mon, Apr 27—Fri, May 1

IN THE KNOW—TESTING INFO!

Student planning to apply to a four-year college or university will need to take either the ACT or the SAT. Some of the more selective schools may also require that applicants take SAT Subject Tests. Registration Fee Waivers and Testing Accommodations are available to those students who qualify and should be made well in advance of the deadline.

COLLEGE - WHERE DO I BEGIN?

COLLEGE PLANNING NIGHT—MARCH 18, 2020

Please choose up to three workshop sessions to attend:

6:00—6:15pm	Introduction & Welcome
6:20—6:50pm	Workshop Session 1
6:55– 7:25pm	Workshop Session 2
7:30—8:00pm	Workshop Session 3

WORKSHOPS	GRADE LEVEL	SESSION	LOCATION
Writing the College Essay: Sue Corner, Senior Associate Director of Admissions, Willamette University will address the do's and don'ts of writing a college essay.	11th Grade	All Sessions	Room 121
Understanding the College Admissions Process: Martin Williams, Associate Director of Admissions, University of Portland, answers the question, "What are colleges looking for when they review student applications?"	11th Grade	All Sessions	Weston Commons
Participating in College Athletics: Dana Cappelucci, Associate Director for Compliance, Portland State University will discuss levels of participation, recruitment, and scholarships in intercollegiate athletics.	9th—11th Grade	Session 1 & 2	Room 120
Admission to Oregon Public Universities: Mike Mendoza, Admissions Officer University of Oregon, will address the question, "What does it take to get into an Oregon Public University (UO, OSU, PSU, SOU, WOU)?"	9th—11th Grade	All Sessions	Cafeteria
ACT and SAT Testing: Rob Margolis, president of Stumptown Test Prep, will give advice on preparing for and taking the ACT or SAT test.	9th—11th Grade	All Sessions	Room 123
Paying for College: Tim Tank, Associate VP/Financial Advisor, The Springwater Group at Morgan Stanley, will review the ins and outs of paying for college.	9th—11th Grade	All Sessions	Library
Military Academies & ROTC: Capt Butch Bewick, USN (retired) Area Coordinator, Naval Academy Admission Program, will advise on military academy applications and ROTC opportunities.	9th—11th Grade	Session 1 & 2	Room 119

PARENT AND STUDENT RESOURCES

DISPELLING MYTHS ABOUT COLLEGE

Myth #1: I need to select my career before I choose a college.

It is important to have goals and be aware of major interests. Students may limit themselves by choosing a specific career too early. In his book, *Major in Success*, *Patrick Combs writes, "...there's a 70% chance your first job will be related to your major. But after that, it's likely your career will progress like a pinball."* College can be an opportunity to explore new interests and opportunities, and learn practical skills. A college education allows a person to be flexible, open to change, and to obtain the Knowledge and experience to achieve one's dreams.

Myth #2: We can only afford a low-priced college.

Students and their families often rule out some colleges because the total cost of attending appears to be more than the family can afford. Be sure to explore financial aid possibilities before omitting a college based on cost. Private colleges in particular offer significant amounts of financial aid in order to attract students from all income levels. Complete a NetPrice Calculator for each college to get a ballpark of cost of attendance.

Myth #3: I've never heard of that college, so it can't be any good.

The average well-educated person can likely name only a small portion of the over 5,300 colleges and universities throughout the US. The ones they can name tend to be the Ivy League schools, the large state universities, those with outstanding sports teams, or those that happen to be near home. It is important to remember that a college that may be a good match for a student may be one which is now unknown to you, and some schools you've heard about the most may not be the best fit.

COLLEGE COUNSELING BEGAN THIS DISCUSSION WITH JUNIORS IN THEIR HISTORY CLASSES.

★

Completed a College Counseling worksheet specifying some of their discoveries from the Strengths Explorer.

★

Completed a "Draw Yourself At College Profile".

★

Explored careers through the Road Nation videos available in Naviance Student.

PARENT AND STUDENT RESOURCES

College Preview Days

Interested in any of these colleges? See these links for dates!

- Arizona Experience Days
- Gonzaga University
- Montana State University - MSU Friday
- University of Oregon—Duck Days
- Oregon State University—Beaver Open Houses
- University of Portland - Saturday Visits
- Portland Community College Preview Days

Career Exploration Opportunities

- UO Summer Academy to Inspire Learning (SAIL) Applications open March 15th.
- Black Student Access Summit
- Summer Springboard at Cal Poly
- Saturday Academy ASE - Apprenticeships in Science and Engineering
- PSU Stem Bootcamp
- Northwest Youth Careers Expo
- Providence Health and Services Classes
- Young Entrepreneurs Business Week

Scholarships

- Triple Impact Competitor Scholarship
  $500 to $2000 scholarship for junior participating in a sport (school or club). Deadline: May 31, 2020

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