

Athletics – Important August Dates

The Bruce Brown Tour - *"The Parents Role in Athletics"*

August 10th Gresham High School 7:00pm – 7:50pm

This presentation focuses on the parent's role from the perspective of the athlete. It identifies what the parents can do to help performance and increase enjoyment before the game, during the game, and after the game. This is helpful information about how parents can become part of their athlete's good memories. This is sponsored by the Mt. Hood Conference and the Oregon Athletic Directors Association. For more information please go to <http://www.oada.8m.com/>

Fall sports camps/tryouts

All athletes must complete a physical exam as well as parent approval and medical release forms BEFORE they can tryout and/or begin practicing.

Girls Cross Country

Camp – Depart from CCHS on August 14th at 10:00am and return from Pacific City on August 17th.

August 21st - Duniway park, 6:00pm

August 24th - Lincoln track, 6:00pm

August 28th - Wilshire park, 6:00pm

September 3rd – Tennis Courts, Wash park, 6:00pm

Boys Cross Country

Camp – Depart from CCHS on August 13th at 10:00am and return from Central Oregon on August 19th.

August 21st - Duniway park, 6:00pm

August 24th - Lincoln track, 6:00pm

August 28th - Wilshire park, 6:00pm

September 3rd – Tennis Courts, Wash park, 6:00pm

Volleyball

Camp – August 13th – 16th from 3:00pm – 7:30pm

Freshman team meeting August 20th 3:30pm – 4:00pm

Tryouts August 20th – 23rd from 4:00pm – 8:00pm

Football

Camp – August 13th – 16th from 4:00pm – 7:00pm

Freshman practice – August 20th – 24th from 3:00pm – 6:00pm

Daily doubles – August 20th – 24th from 7:00am – Noon

Girls Soccer

Camp – August 13th – 16th from 12:30pm – 3:00pm

Tryouts August 20th – 24th from 12:00pm – 3:00pm

Boys Soccer

Camp – August 13th – 16th from 7:00am – 9:45am

Tryouts August 20th – 24th from 6:00pm – 8:30pm

All camps/tryouts are at Central Catholic unless otherwise noted.