Central Catholic
ATHLETICS

2017-18
COACHING REQUIREMENTS
& OSAA CERTIFICATIONS

All NEW AND RETURNING coaches must complete and turn all required certifications below before interacting with any student-athlete during the sport's season.

NFHS Fundamentals of Coaching
One time requirement - $50
» https://nfhslearn.com/courses/61026/fundamentals-of-coaching

Concussion Recognition and Management Training
Required every year – free.
"NFHS Concussion in Sports" » https://nfhslearn.com/courses/61037/concussion-in-sports

Anabolic Steroids and Performance-Enhancing Substances Training
Required every 4 years – free.
» http://www.osaa.org/steroids

NFHS Heat Illness Prevention
Required every 4 years - free
"NFHS Heat Illness Prevention"» https://nfhslearn.com/courses/34000/heat-illness-prevention

First Aid / CPR / AED Training
Required every two years - $25
On-line training can be accessed at www.redcross.org

A Call to Protect Training
Annual training for returning coaches required annually by Archdiocese.
Available under "Forms" in Athletics/Coaches resources on website.

Bloodborne Pathogen Training
Initial Training Required every year by MESD
http://appdev.mesd.k12.or.us/events/hss/

Coaches Code of Conduct
Required annually. Available under "Forms" in Athletics/Coaches Resources on website.

Additional requirements for Football and Cheer/Song Coaches:

Heads Up Football Certification
Required every year (only for football coaches) - $25, https://nfhslearn.com/courses
"High School Heads Up Football" » Composed of 4 course components that must be completed annually: Concussion in Sports, Heat Illness Prevention, Sudden Cardiac Arrest, Blocking, Tackling & Equipment Fitting,

OSAA Spirit Safety Clinic
Required every year (only for cheerleading & dance/drill coaches) – free.
http://www.osaa.org/spirit-safety