

MHC DISTRICT MEET

MAY 8-9, 2007

MOUNT HOOD COMMUNITY COLLEGE

100 METERS

- 1 Eric Capelle 10.92a Jr Brlo
- 2 Shaun Lambert 10.95a Sr Gres
- 3 Brennan East 11.12a Sr DDHS
- 4 Nick Clark 11.15a Sr DDHS
- 5 Jerell Ramos 11.23a Sr Brlo
- 6 Chris Struckman 11.25a Jr Cntl
- 7 Malcolm Johnson 11.42a So Brlo
- 8 Garrett Cartner 11.59a Sr Sndy

200 METERS

- 1 Shaun Lambert 22.20a Sr Gres
- 2 Brennan East 22.43a Sr DDHS
- 3 Nick Clark 22.76a Sr DDHS
- 4 Eric Hernandez 22.83a Jr Gres
- 5 Peter DeBois 23.00a Sr Gres
- 6 Jerell Ramos 23.11a Sr Brlo
- 7 Ryan Ball 23.23a Sr Sndy
- 8 Garrett Cartner 23.57a Sr Sndy

PRELIMS

17 **JOE PARKER **24.38A SO CCAT**

400 METERS

- 1 Shaun Lambert 49.24a Sr Gres
- 2 **NATHAN LIGHTNER 49.54A SO CCAT**
#2 ALL TIME, SOPH RECORD
- 3 Peter DeBois 50.18a Sr Gres
- 4 Kevin Cook 50.61a Jr Brlo
- 5 Mo Brueckmann 50.95a Sr HRV
- 6 Chris Swift 51.54a Jr Brlo
- 7 Ben Eiden 52.27a Jr Cntl
- 8 Ryan Ball 52.91a Sr Sndy

PRELIMS

1 **NATHAN LIGHTNER 50.26A SO CCAT**
#6 ALL TIME, SOPH RECORD
15 **JOE PARKER 55.90A SO CCAT**

800 METERS

1 **TAYLOR MORGAN 1:55.48A JR CCAT**
26.9, 29.1 [56.0], 29..9 [1:25.9], 29.5
#3 JUNIOR

2 Spencer Clark 1:57.19a Sr Gres

3 **LUKE WILTSHIRE #1:57.38A SR CCAT**
27.5, 29.5 [57.0], 29.8 [1:26.8], 30.5

- 4 Brandon Tolentino 2:00.22a So HRV
- 5 Nathan Hope 2:00.38a Jr Brlo
- 6 Jacob Cuniff 2:00.58a Jr Sndy

7 **TAYLOR BERGMANN **2:00.61A SR CCAT**
27.4, 30.7 [58.1], 1:28.3 [30.1], 32.2

8 Jared Correll 2:03.38a Sr DDHS

PRELIMS

1 **TAYLOR MORGAN 2:00.39A JR CCAT**
28.4, 30.9 [59.4], 30.8 [1:30.2], 30.0

3 **LUKE WILTSHIRE 2:01.18A SR CCAT**
29.7, 30.2 [59.9], 30.2 [1:30.1], 30.9

6 **TAYLOR BERGMANN **2:01.47A SR CCAT**
28.9, 29.9 [58.7], 30.8 [1:29.5], 31.8

110 METER HURDLES

- 1 Eric Capelle 14.49a Jr Brlo
- 2 Robert Manwell 15.18a Sr Gres
- 3 John Ellis 15.85a Sr DDHS
- 4 Will Dufala 15.98a Jr Brlo
- 5 Kyle Warner 16.02a Jr Cntl
- 6 Stefan Zosa 16.13a Jr HRV
- 7 Tony Ho 16.45a Sr DDHS
- 8 Zachary Young 16.78a So Brlo

300 METER HURDLES

- 1 Eric Capelle 39.18a Jr Brlo
- 2 Robert Manwell 40.45a Sr Gres
- 3 Will Dufala 40.76a Jr Brlo
- 4 Sammy Stiers 41.75a Sr Gres
- 5 Zachary Young 41.86a So Brlo
- 6 Christopher Wagner 42.58a Sr Sndy
- 7 Stefan Zosa 42.61a Jr HRV
- 8 Tony Ho 42.85a Sr DDHS

1500 METERS - VARSITY - FINALS

1 **TAYLOR MORGAN 4:04.13A JR CCAT**
66.9, 67.6, 64.0, 44.7

2 **NICK TURNER **4:06.08A SR CCAT**
67.6, 67.6, 64.0, 46.6

- 3 Leo Castillo 4:07.10a Jr HRV
- 4 Jared Correll 4:14.41a Sr DDHS
- 5 Karim Shakalia 4:14.77a Sr REY

6 **PETER SLAUSON **4:14.8H FR CCAT**
69.0, 68.6, 67.0, 49.8
#4 FROSH

- 7 Daniel Vo 4:15.2h Jr REY
- 8 Jordy Bright 4:15.5h Jr Brlo
- 9 Michael DeTienne 4:18.3h Jr Cntl
- 10 Luke Correll 4:19.2h Sr DDHS
- 11 Devin Connel 4:20.0h Jr Sndy
- 12 John Buehler 4:21.0h Jr Cntl
- 13 Crismon Lewis 4: 21.4h Sr Gres
- 14 Bobby Ellis 4: 23.5h Jr REY
- 15 Tim Roady 4: 24.4h Sr DDHS
- 16 B. Jordan-Lamb 4:27.2h Sr Gres
- 17 Grahm Bledsoe 4: 27.6h So Brlo
- 18 Martin Constein 4: 28.0h Sr Gres
- 19 John Tkebuchava 4:28.4h Fr Cntl
- 20 Alex Vanslyke 4:29.2h Jr HRV
- 21 Michael Seven 4:33.8h Jr Sndy
- X Zach Abbott 4:06.10a So DDHS

3000 METERS

1 Leo Castillo 9:00.1h Jr HRV

2 **DAVID LANEY 9:05.2H SR CCAT**
73.7, 73.6, 74.1, 71.5, 75.3, 73.7, 66.2, 36.1
3 **MUSA AHMED **9:10.7H FR CCAT**
74.3, 74.3, 74.2, 71.2, 74.9, 74.6, 74.1, 32.1
#4 FROSH

4 Karim Shakalia 9:10.9h Sr REY

5 **KEVIN O'MALLEY #9:19.9H SR CCAT**
74.6, 74.2, 74.0, 71.6, 75.5, 77.8, 78.5, 33.5

- 6 Michael DeTienne 9:25.7h Jr Cntl
- 7 Austin Martin 9:27.9h Jr REY
- 8 Crismon Lewis 9:28.9h Sr Gres
- 9 Luke Correll 9:37.1h Sr DDHS
- 10 Richard Kitamura 9:47.9h Sr Brlo
- 11 B. Jordan-Lamb 9:50.9h Sr Gres
- 12 Taylor Adrian 9:51.4h So DDHS
- 13 Grant Lewis 9:57.8h Sr DDHS
- 14 Josh Miller 9:59.5h Sr Cntl
- 15 Martin Constein 10:01.4h Sr Gres
- 16 Brent Raleigh 10:03.1h Jr REY
- 17 Michael Seven 10:06.8h Jr Sndy
- 18 Eric Lagerstrom 10:09.4h Sr Brlo
- 19 Kevin Maples 10:22.8h So Sndy
- 20 Andrew Brown 10:52.3h Sr Sndy
- 21 Alex Vanslyke 10:53.4h Jr HRV

4 X 100 METER RELAY

1 BARLOW	42.73a
2 DAVID DOUGLAS	43.36a
3 SANDY	43.69a
4 CENTENNIAL	44.75a
5 REYNOLDS	44.82a
6 HOOD RIVER	45.10a
- GRESHAM	DQ

4 X 400 METER RELAY

1 GRESHAM	3:23.12a
2 BARLOW	3:24.92a

3 **CENTRAL CATHOLIC** 3:26.72a
*LIGHTNER (51.2), TURNER (52.5)
WILTSHIRE (**52.2), MORGAN (50.7)*
#5 ALL TIME @ CCHS

4 SANDY	3:27.07a
5 DAVID DOUGLAS	3:33.33a
6 HOOD RIVER	3:33.66a
7 REYNOLDS	3:36.00a
8 CENTENNIAL	3:43.67a

SHOT PUT

1 J.R. Velasquez 52'04.00 Jr Gres
2 David Vieru 46'09.50 Fr Cntl
3 Tyler Sanders 46'03.00 Sr DDHS
4 Erik Lujano 44'09.25 Jr HRV
5 Andrew Backowski 44'05.00 So Gres
6 Kevin Warren 43'09.50 Sr Sndy
7 Kevin Conway 42'08.25 Jr REY
8 Eric Anderson 42'07.25 Jr Sndy
9 Cameron Lucas 42'06.00 Sr Brlo
10 Brett McNutt 41'10.50 Jr Brlo

10 **KYLE FRANGIPANI **41'10.50 SR CCAT**

12 Tyson Montgomery 41'08.00 Sr Cntl

13 **SCOTT ROAKE 41'02.50 SR CCAT**

14 Sam Reynolds 40'09.50 Jr REY
15 Emmett Davis 40'04.50 So REY
15 Sam Crouser 40'04.50 Fr Gres
17 Cody Brown 40'04.00 Sr DDHS
18 Mike Lynch 39'11.50 Sr Sndy

19 **JOE LOPEZ 39'10.50 FR CCAT**

20 Andrew Lopez 39'10.25 Sr DDHS
21 Steve Digby 39'08.50 Sr Cntl
22 Derek Rich 39'01.00 Jr Brlo
23 Alex Titus 38'11.50 Sr HRV
24 Nicholas Delgado 34'07.00 So HRV

LONG JUMP

1 Chris Struckman 21'08.00 Jr Cntl
2 John Ellis 21'08.00 Sr DDHS
3 Dillon Ballard 20'08.50 Jr Brlo
4 Trevor Bacon 20'08.25 Sr Gres
5 Kyle Lane 20'05.50 Fr REY
6 Jordan Gray 20'05.00 So Sndy
7 Emerald Ressler 19'10.50 Jr Gres
8 Bert Marston 19'09.00 Sr Brlo
9 Bo Bergstrom 19'06.00 Jr REY
10 Jake Seidel 19'03.00 Sr Sndy
11 Seth Amaral 18'09.25 Sr HRV
12 Jason Vanderslice 18'03.00 So HRV
13 My Thach 17'03.50 Jr DDHS
14 Allan Beals-Gibson 17'01.50 Sr DDHS
15 Maksum Gannotskiy 16'08.75 Fr Cntl
16 Shane Sibold 16'04.75 Sr REY

HIGH JUMP

1 Chris Struckman 6'05.00 Jr Cntl
2 Jessie Page 6'02.00 Jr HRV
3 Sean Meisner 6'01.00 So DDHS
4 Markus Stevens 6'00.00 Sr Brlo
5 Jeff Torrence 6'00.00 Sr Brlo
5 Matt Myers 6'00.00 So Cntl
7 Nathaneal Franks 5'10.00 Fr Brlo
8 Stefan Zosa 5'10.00 Jr HRV
9 Austin Rondema 5'08.00 Jr REY
9 Patrick Fox 5'08.00 Sr Sndy
11 Jason Vanderslice 5'06.00 So HRV

DISCUS

1 **CAM NORRIS 149'10 SR CCAT**

2 Tyler Sanders 141'00 Sr DDHS
3 Derek Rich 136'11 Jr Brlo
4 Kevin Warren 132'03 Sr Sndy
5 Blake Bithell 131'11 Jr Sndy
6 Brett McNutt 130'07 Jr Brlo
7 Andrew Lopez 129'10 Sr DDHS
8 Julius Temple 123'04 Sr REY
9 Daniel Tumsuden 120'06 Jr REY
10 Brydon Vaylon 119'11 So Gres
11 Sam Crouser 116'06 Fr Gres
12 Andrew Paugh 111'02 Jr Sndy
13 John Brewer 110'09 Jr Cntl
14 Steve Digby 109'11 Sr Cntl
15 James Sprague 109'07 So REY
16 Nicholas Delgado 106'08 So HRV

17 **KYLE FRANGIPANI 106'02 SR CCAT**

18 Craig Irby 105'03 Jr Cntl

19 **NICK TREBELHORN 103'07 SR CCAT**

20 Erik Lujano 100'08 Jr HRV
21 Cameron Lucas 99'03 Sr Brlo
22 Kris Patchett 90'00 Jr HRV
23 My Thach 89'01 Jr DDHS

JAVELIN

1 Colton Safley 179'10 Fr Sndy
2 Craig Irby 173'01 Jr Cntl
3 Alex Hymel 169'11 Sr Brlo
4 Zach Stobel 163'03 Jr DDHS
5 Joey Paul 156'09 So Brlo
6 Austin Danielson 155'04 Jr REY
7 KC Vaughn 151'00 Jr Brlo
8 Justin Schultz 150'09 Jr Gres
9 Andrew Backowski 149'04 So Gres
10 Blake Bithell 144'06 Jr Sndy
11 Joey Prentice 139'06 Jr REY
12 Mike Lynch 139'01 Sr Sndy
13 Jeff Yazzolino 137'07 Jr Cntl
14 Cody Brown 137'07 Sr DDHS
15 Kris Patchett 135'05 Jr HRV
16 Ben McKay 130'00 Jr DDHS
17 Daniel Tumsuden 129'05 Jr REY
18 Nicholas Maslen 126'07 Sr HRV
19 Shawn Millett 122'05 Jr Cntl

20 **JUSTIN BARWICK 119'07 SR CCAT**

21 Matt Hale 109'02 Sr HRV

POLE VAULT

1 Adam Cordell 13'06.00 Sr Cntl
2 KC Vaughn 13'06.00 Jr Brlo
3 Allen Piplovick 13'03.00 Sr DDHS
4 Kyle Chaney 12'06.00 Jr Gres
5 Brad Boulton 11'06.00 Sr REY
6 My Thach 11'00.00 Jr DDHS
7 Chris Zeller 10'06.00 So REY

8 **CAM NORRIS 10'06.00 SR CCAT**

9 Austin Rondema 10'00.00 Jr REY
9 Taylor Bentz 10'00.00 Fr HRV

TRIPLE JUMP

1 Emerald Ressler 44'01.00 Jr Gres
2 Trevor Bacon 43'10.00 Sr Gres
3 John Ellis 43'03.50 Sr DDHS
4 Dillon Ballard 42'11.25 Jr Brlo
5 Jordan Gray 42'06.00 So Sndy

6 **TONY VAN DOMELEN 41'05.50 SR CCAT**

7 Brad Boulton 39'06.25 Sr REY
8 Bert Marston 39'01.25 Sr Brlo
9 Allan Beals-Gibson 38'04.00 Sr DDHS
10 Nicholas Pai 36'00.00 Fr Cntl
11 AJ Steiner 35'06.00 Sr REY
12 Brandon Spencer 33'00.00 Sr REY
13 Jeff Torrence 32'04.25 Sr Brlo

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